#### **DIVISION OF AGEING**

Under the Auspices of Senator The Honourable Donna Cox WORLD ELDER ABUSE AWARENESS DAY (WEAAD) ONLINE Webinar Series:15, 22, 23 & 30 July 2021

# Strategies for Preventing and Overcoming Elder Abuse

by Aisha Corbie, Clinical Psychologist 22 July 2021



#### Elder Abuse – What is it

Elder abuse can be defined as "a single, or repeated act, or lack of appropriate action, occurring within any relationship where there is an expectation of trust which causes harm or distress to an older person" – WHO



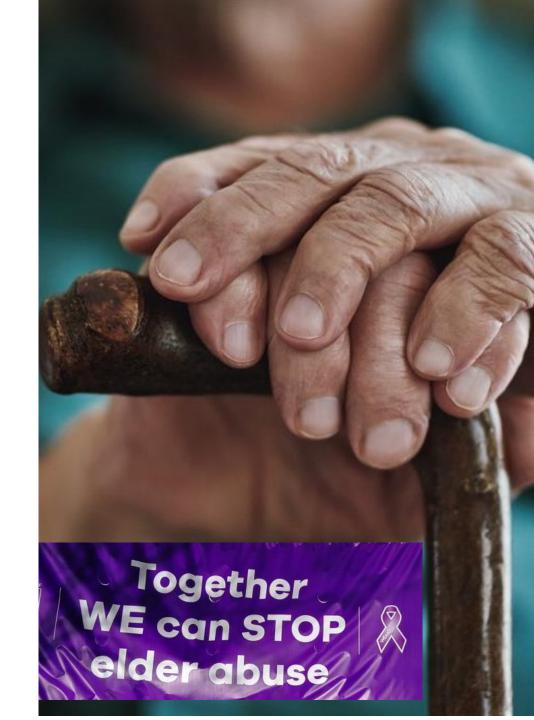
### Elder Abuse – The Impact

- •Families, Community, Society
- Social and Mental Health Effects
- Physical effects
- •3X more likely to die prematurely
- Economic Costs



## Preventing Elder Abuse

- Legislation
- Policies
- Public education and intergenerational interventions
- Family support



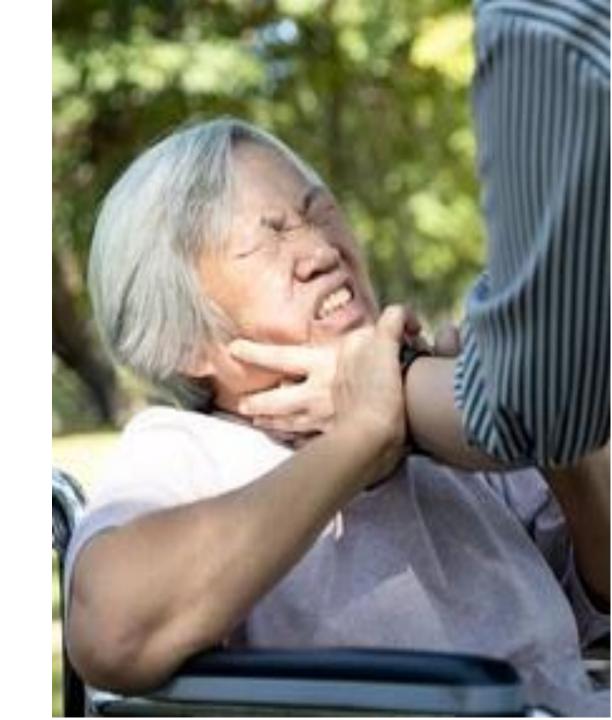
#### Individual Safety guidelines

- Caring for your health
- Seeking professional help
- Accessing domestic violence services.
- Staying active in the community
- Planning for your own future.
- Using direct deposit for all checks.
- Posting and opening your own mail.
- Having your own phone



# Guidelines to prevent violence against the Elderly

- Surroundings
- Movements
- Trusted Support
- Safety Devices
- Accessories



#### Overcoming Elder Abuse

- Society Changing Negative Stereotypes
- Reporting incidents
- Accessing Justice
- Accessing support
- Managing Caregiver Stress



#### Once a man, *Once* a child – Let's Respect our Elderly



Thank You